Full Report (All Nutrients) 45211423, CHOCODILE CHOCOLATE COVERED SPONGE CAKE WITH CREAMY FILLING, UPC: 888109010492

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Report Date: May 31, 2017 21:58 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group: Branded Food Products Database

Manufacturer HOSTESS

Nutrient	Unit	Data points	Std. Error	1 CAKE 41g	1 Value Per100 g
Proximates					
Energy	kcal			170	415
Protein	g			1.00	2.44
Total lipid (fat)	g			8.00	19.51
Carbohydrate, by difference	g			24.00	58.54
Fiber, total dietary	g			0.0	0.0
Sugars, total	g			18.00	43.90
Minerals					
Calcium, Ca	mg			0	0
Iron, Fe	mg			0.72	1.76
Sodium, Na	mg			140	341
Vitamins					
Vitamin C, total ascorbic acid	mg			0.0	0.0
Vitamin A, IU	IU			0	0
Lipids					
Fatty acids, total saturated	g			5.998	14.630
Fatty acids, total trans	g			0.000	0.000
Cholesterol	mg			10	24

Amino Acids

Other

Ingredients

SUGAR, PARTIALLY HYDROGENATED OILS (PALM KERNEL, COCONUT, PALM), COCOA PROCESSED WITH ALKALI, DISTILLED MONOGLYCERIDES, SOY LECITHIN, WHEY, NATURAL AND ARTIFICIAL FLAVOR, WATER, ENRICHED BLEACHED WHEAT FLOUR (FLOUR, REDUCED IRON, "B" VITAMINS [NIACIN, THI Date Available: 12/01/2016 Date Last Updated by Company: 12/01/2016